



19th November 2024.

Men's Aid announces continued high demand for their domestic violence supports for male victims in 2023.

Men's Aid announces 8,682 contacts were made to their domestic violence support service for men in 2023.

Marking International Men's Day today (19th November), Men's Aid, Ireland's only dedicated organisation supporting men experiencing domestic violence is launching their 2023 Annual Report.

Their report highlights the highest areas of violence disclosed by male victims in 2023 related to emotional abuse, physical abuse, access issues and coercive control. At least 1 in 7 men in Ireland will experience domestic violence during their lifetime, including coercive control, the challenge remains that only 5% of men report the abuse and/or violence to An Garda Síochána.

CEO, Kathrina Bentley commented *"Again this year we are encouraged to see the high volume of demand from victims for our support service. It shows that men are feeling confident and encouraged to pick up the phone and call us for help and information, whilst also recognising that embarrassment, stigma, shame and silence are still huge barriers for men to seek help. By sharing our annual report data today, we hope that any man experiencing an abusive relationship will consider speaking to someone they trust or calling our confidential helpline on 01 554 3811.*

The report highlights men disclosing abusive behaviours such as constant verbal abuse, belittling, name calling, insults, having their confidence chipped away at, false allegations, parental access issues as well as physical violence.

The Annual Report highlights the following key data:

- In 2023, Men's Aid supported **8,682 contacts**.
- Very concerning to the charity are the **1,310 calls that were missed**.
- The gender of the abuser was 94% female, 4% male and 2% same sex.
- A new trend in 2023, older men, aged 65+ years coming forward for help.

The report includes information generated as part of an important collaboration with Trinity College Dublin focused on gathering evidenced based, academic research representing the experiences of male victims. This collaboration continues to be imperative as the data helps inform Government, funders and all stakeholders about the reality of domestic violence across Irish society.

ENDS.

Mission: Empowering and supporting men and their families who are experiencing Domestic Violence to be safe.

📍 St. Anne's Resource Centre, Railway Street, Navan, Co. Meath | 🌐 mensaid.ie | 📞 01 554 38 11

Men's Aid Ireland CLG: CHY 13025 **Company No.:** 489263 **RCN:** 20039479

Chair: Seamus Scott

Board Members: Tomas Hyland, Dr. Garrett O'Connor, Joe Wallace, Jean O' Hara, Dr. Conan McKenna BL, Frank O' Regan